



# Serendipity

Massage Therapy & Bodywork  
39 - 3<sup>rd</sup> Avenue, Sturgeon Bay, WI 54235

**Jessica Brilz, B.A., CMT, NCTMB**  
National Board Certified Massage Therapist & Bodyworker

## **Client Ashiatsu Oriental Bar Therapy® Disclaimer**

This letter is to express and explain that you are receiving a deep tissue technique.

Although some clients ask for deeper compression, I prefer to keep the compression at a therapeutic level that I feel comfortable with. Your comfort and safety are my number one concern.

Clients that are thick muscled and weigh at least 100 pounds more than the weight of the therapist are well suited for two-footed strokes. You are responsible for providing feedback if the pressure is too much or any stroke is uncomfortable.

If you request for more compression on a higher level than that of the therapeutic range I am delivering, I will not be held responsible for aggravating a condition that may already be present.

It is likely that you will experience sinus congestion for a short period. If you encounter other possible side effects such as stiffness and soreness (especially if you are dehydrated), skin irritations, marks, headaches, bruises or any injury condition, we ask that you do not hold the company liable.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Massage Therapist \_\_\_\_\_

Location: **Serendipity Massage Therapy and Bodywork**  
**39 3<sup>rd</sup> Avenue**  
**Sturgeon Bay, WI 54235**